

Weekly Schedule

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6 am	Daddy leaves for school						
:15							
:30							
:45							
7 am	Kids up, dressed, breakfast, brush teeth. Leave for bus at 7:45.						
:15							
:30							
:45							
8 am	Coffee and breakfast for Mom. Get dressed, personal grooming.					Everyone up, dressed and groomed. Breakfast. Morning chores begin at 9:30	
:15							
:30							
:45							
9 am	Laundry						Everyone up. Coffee for Mom and Dad
:15							
:30	Dinner planning, load breakfast dishes in dishwasher					Lower level cleaning, deep cleaning, household maintenance & repairs, change cat litter	Breakfast prep
:45							
10 am	Weekly food preps	Exercise and shower	Get groceries and run errands: Post office, bank, library.	Exercise and shower	Exercise and shower		Family breakfast
:15							
:30							
:45							
11 am	Office work			Office work			"Church of the Kitchen Table" Sunday school and worship
:15							
:30							
:45							
12 PM	Lunch and clean-up. Load dishwasher, switch laundry.					Lunch and cleanup	Rest and quiet time.
:15							
:30							
:45							
1 PM	Rest					Rest and quiet time.	Snacks or late lunch
:15							
:30	Office work						
:45							
2 PM							
:15							
:30							
:45							
3 PM	{Work of the Day} Mon-kitchen; Tues-bathrooms; Wed-organize; Thurs-laundry room & change bed linens; Fri: dusting & floors					Mowing & yard work, garage/shop work, house projects, errands, Sunday school planning	Free time for hobbies or family outings. No work on Sundays!
:15							
:30							
:45							
4 PM	Kids home. Snack, homework, outside play. Fold laundry. Hayley to Pro-fit Tues/Thurs						
:15							
:30		Dinner prep		Dinner prep	Dinner prep		
:45							
5 PM	Dinner prep	P/U H @ Pro-fit	Dinner prep	P/U H @ Pro-fit	Dinner prep		Dinner prep. Kids' homework time if needed
:15							
:30		Kids set table		Kids set table			
:45							
6 PM	Eat dinner. Clean kitchen, load dishwasher, sweep floors. Wed: trash/recycling out				Family movie night	Dinner OUT	Dinner and clean-up
:15							
:30							
:45							
7 PM	Tidy house. Kids - put away belongings, take showers			Rachel volleyball 7:00			Tidy house. Kids - put away belongings; plan and organize for school week; showers and bedtime routines.
:15							
:30							
:45							
8 PM	Girls to dance 8:00 P.M.	Bedtime routines: Daniel - 8:00, Rachel - 8:45, Hayley - 9:15			Kitchen clean-up. Showers and bedtime routines	Kid showers and bedtime routines	
:15							
:30							
:45							
9 PM	Showers and bedtime routines	Mom and Dad: Showers, bedtime prep					
:15							
:30							
:45							
10 PM		Personal time: TV, movies, reading, music					
:15							
:30		Lights out					
:45							
11 PM							