

Weekly Schedule

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6 am :15 :30 :45							
7 am :15 :30 :45	Kids up, dressed, breakfast, brush teeth. Leave for bus at 7:45.						
8 am :15 :30 :45	Coffee and breakfast with husband. Get dressed, personal grooming.					Everyone up, dressed and groomed. Breakfast. Morning chores begin at 9:30	Husband to church at 8:00. Kids up by 8:30, get dressed, eat breakfast
9 am :15 :30 :45	Laundry						
	Dinner planning and prep					Lower level cleaning, deep cleaning, household maintenance & repairs, change cat litter	Church and fellowship
10 am :15 :30 :45	Weekly food preps: Power bars, low carb snacks, etc.	Elliptical and shower	Get groceries and run errands: Post office, bank, library. Lunch out.	Elliptical and shower	Elliptical and shower		
11 am :15 :30 :45	Office work			Office work			
12 PM :15 :30 :45	Lunch and clean-up. Load dishwasher, switch laundry.					Lunch and clean-up	
1 PM :15 :30 :45	Rest					Rest and quiet time	
	Office work					Mowing & yardwork, garage/shop work, Sunday school planning	Sunday school
2 PM :15 :30 :45	{Work of the Day} Mon: kitchen; Tues: bathrooms; Wed: organize; Thurs: laundry room & change bed linens; Fri: dusting & floors						
3 PM :15 :30 :45	Kids home from school, snack and homework. Fold and put away laundry.		Good News Club-Pickup 4:30	Kids home from school, snack and homework. Fold and put away laundry.		Errands, special outings, family time	Free time for hobbies or special projects, family outings
4 PM :15 :30 :45	Hayley to Dance 4:45 - 5:45	Rachel to Dance 4:45 - 5:45	Dinner prep. Kids do homework.	Dinner prep. Kids set table and do homework.			
5 PM :15 :30 :45						Dinner and clean-up.	Dinner prep. Kids' homework time if needed
6 PM :15 :30 :45	Eat dinner. Clean kitchen, load dishwasher, sweep floors. Wed: trash/recycling out			Make-your-own pizza and family movie night.			
7 PM :15 :30 :45	Tidy house. Kids put laundry and belongings away. Hayley - homework/shower. Rachel & DJ - showers and bedtime routines. Bedtimes: DJ - 8:00, Rachel - 8:45, Hayley - 9:30			Kitchen clean-up. Showers and bedtime routines		Tidy house. Kids - put away belongings; plan and organize for school week; showers and bedtime routines.	
8 PM :15 :30 :45	Mom and Dad: showers, bedtime prep						
9 PM :15 :30 :45	Personal time: TV, movies, reading, music						
	Lights out						
10 PM :15 :30 :45							
11 PM							